



BREI's Blue Ridge Public School

A.Y. 2025-26

Menu Plan January -2026

Date	05.01.26	06.01.26	07.01.26	08.01.26	09.01.26	12.01.26	13.01.26	14.01.26	15.01.26	16.01.26
Day	Mon	Tue	Wed	Thu	Fri	Mon	Tue	Wed	Thu	Fri
Breakfast	Beetroot Uttappam with Chutney	Puri Bhaji	Aloo Peanut Pohe	Mix veg. Cutlet with Chutney	Penne Pasta with Veggies and Velvety Sauce	Steamed Idli with Chutney	Mix veg Upma	H	Vegetable Roll	Bread Pattice
Lunch	Green Salad	Chana Peanut Salad	Papad	Tandoori Salad	Green Salad	Koshimbir	Tossed Salad	O	Coleslaw Salad	Green Salad
	Paneer Lababdar	Akkha Masoor	Black Chana Usal	Green Moong Coconut Curry	White Watana Curry	Shak Bhaji	Chole Pindi	L	Matki Usal	Kadhi Pakora
	Tawa Veg.	Gobi Tomato Rassa	Aloo Palak	Dum Aloo Punjabi	Aloo Capsicum Dry	Yellow Batata Bhaji	Bharleli Baingan	I	Corn Palak	Gatte Ki Sabzi
	Chapati	Chapati	Chapati	Chapati	Chapati	Puri	Chapati	D	Chapati	Chapati
	Jeera Rice	Plain Rice	Plain Pulao	Steam Rice	Plain Rice	Masale Bhat	Brown Onion Rice	A	Plain Rice	Dal Khichdi
	Dal Tadka	Varan	Tomato Dal	Dal Fry	Dal Tadka		Dal Fry	Y	Jeera Dal	
	Gulab Jamun				Shahi Tukra	Fruit Custard				Pineapple Sheera
Date	19.01.26	20.01.26	21.01.26	22.01.26	23.01.26	26.01.26	27.01.26	28.01.26	29.01.26	30.01.26
Day	Mon	Tue	Wed	Thu	Fri	Mon	Tue	Wed	Thu	Fri
Breakfast	Plain Uttappam with Chutney	Batata Wada with Chutney	Green Peas Pohe	Vermicelli Upma	Methi Thepla with Chutney	H	Moong dal Chilla	Veg Corn Cutlet with Chutney	Mix Veg. Upma	Palak Puri with Bhaji
Lunch	Khamang Kakadi	Koshimbir	Cucumber Tadka Salad	Cucumber Raita	Koshimbir	O	Tandoori Salad	Boondi Raita	Green Salad	Kimchi Salad
	Paneer Kadhai	Pav Bhaji	Veg Kofta Curry	Chavali Masala	Chole Bhature	L	Black Chana Dry	Veg Kadhai	Tofu Masla	Veg. Hakka Noodles
	Bhendi Do Pyaza	Tawa Pulao	Aloo Soya	Tawa Veg	Veg Pulao	I	Mushroom Babycorn Masala	Soya Dry	Chana Pumpkin	Veg. Fried Rice
	Plain Paratha		Chapati	Chapati	Fryams	D	Plain Paratha	Chapati	Chapati	Manchurian Gravy
	Brown Onion Rice	Fryum		Veg Tawa Pulao		A	Jeera Rice	Steam Rice	Mushroom Rice	Schzuan Sauce
	Dal Triveni	Masala Chaas	Dal Khichadi			Y	Tomato Dal	Moong Dal	Dal Fry	
	Gulab Jamun				Sevai Kheer					Jalebi